



दीन दयाल उपाध्याय कॉलेज
DEEN DAYAL UPADHYAYA COLLEGE
NAAC Accredited Institution-'B' grade (CGPA=2.63)
(दिल्ली विश्वविद्यालय) (UNIVERSITY OF DELHI)
सेक्टर- 3, टारका, , Sector-3, Dwarka, नई दिल्ली New Delhi – 110078



दूरभाष/TEL. 011-25099380, 25099381, फैक्स/FAX-011-25099380, Website: www.ducollegedu.ac.in

Declaration

I, _____, agree to abide by the rules of The Fitness Center at all times. I understand the risks including injury to be caused while using exercise equipment and exercising alone, without the aid and supervision of a trainer or presence of a fitness center staff member on the premises. I hereby release and agree to indemnify the fitness center, employees, instructors and trainers, against any liability that may arise out of or in connection with my usage of the equipment or the facilities of the fitness center. I recognize and realize the Fitness Center has taken reasonable, adequate and appropriate actions to safe guard of its users. I will not hold them responsible for any unforeseen events.

I will not partake in activities that are beyond my level of fitness or experience. By signing this declaration, I confirm that I have read and shall abide by the rules of the Fitness center, and accept that they may be subject to change at any time, at the discretion of the relevant authority.

I have read this Membership Declaration and understand the contents, and I knowingly and voluntarily accept the terms hereto. I also agree to abide by all posted and non-posted signage and warnings.

Place:

Date:

(Signature of Applicant)

Medical Certificate

This is to certify that I have examined Mr. / Ms. _____
Age _____ years and found that he /she is not suffering from any chronic/
contagious disease or/ any disability which prevent him/ her from participating in
fitness activities as such. He / she is fit to join DDUC fitness center.

Disease/ disability, if any (please specify): -

Date:

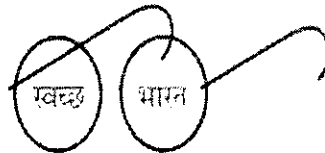
Place:

Signature: _____

Name of Doctor: _____

Regn. No: _____

Stamp: _____



एक कदम स्वच्छता की ओर